

Capricare
Follow-on Milk
Made from
Goats' Milk



Indications:

Capricare Follow-on Milk is suitable for infants from 6 months onwards as part of a mixed diet to help meet increased nutritional needs. It is fortified with key vitamins and minerals to complement a weaning diet.

Capricare is a source of DHA which contributes to the normal visual development of infants up to 12 months of age.

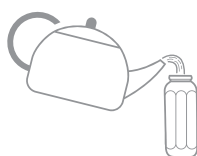
Contra-indications:

- Not suitable for cows' milk protein allergy
- Not suitable for lactose intolerance
- Not suitable for infants with a fish allergy
- Not suitable for vegetarians

Storage

Keep the unopened can in a cool, dry place. Once open, close tightly and keep it in a cool dry place. Use contents within 4 weeks of opening.

Preparation



Sterilize

Always wash your hands before preparing the baby bottle. Sterilise all equipment by boiling or using an approved sterilising system. Boil fresh water and allow to cool until it is lukewarm (about 40°C). Add the exact measure of cooled, boiled water (refer to feeding guide) to a sterilised bottle.



Measure

Using the Capricare® scoop, lightly fill with powder and level off. Do not press or heap the powder. Add the required number of scoops to cooled boiled water.



Prepare

Close the bottle. Immediately shake well until the powder is completely dissolved.



Test

Check the temperature of the feed by sprinkling a few drops onto your wrist.

Prepare the bottle just before feeding.

Feeding Guide for over 6 months

Age (months)	Boiled water (mL)	Number of scoops of powder	Number of daily feeds
Over 6 months	210	7	2 - 3

Important notice: Breastfeeding is best for babies. Infant formula is suitable from birth when babies are not breastfed. It is recommended that all formula milks be used on the advice of a healthcare professional.

For healthcare professional use only

Nutrition Information

	Unit	Per 100 g powder	Per 100 mL* prepared feed
Energy	kJ	2100	280
	kcal	510	66
Fat, of which	g	26.7	3.4
saturates	g	9.5	1.2
monounsaturates	g	12.7	1.6
polyunsaturates	g	4.1	0.53
- linoleic acid (omega 6)	mg	3100	400
- α-linolenic acid (omega 3)	mg	410	53
- docosahexaenoic acid (DHA)	mg	120	15
- arachidonic acid (AA)	mg	125	16
Carbohydrate, of which	g	57.4	7.4
sugars (lactose)	g	57.4	7.4
Protein	g	10.1	1.3

Vitamins

Vitamin A	µg-RE	430	56
Vitamin D ₃	µg	12	1.5
Vitamin E	mg α-TE	12	1.5
Vitamin K ₁	µg	52	6.7
Vitamin C	mg	100	13
Vitamin B ₁	mg	0.48	0.062
Vitamin B ₂	mg	0.95	0.12
Niacin	mg	5.1	0.66
Vitamin B ₆	mg	0.28	0.036
Folic acid	µg DFE	170	22
Vitamin B ₁₂	µg	1.4	0.18
Biotin	µg	18	2.3
Pantothenic acid	mg	2.7	0.35

Minerals

Sodium	mg	150	19
Potassium	mg	540	70
Chloride	mg	440	57
Calcium	mg	460	59
Phosphorus	mg	340	44
Magnesium	mg	36	4.6
Iron	mg	6.9	0.89
Zinc	mg	3.8	0.49
Copper	mg	0.38	0.049
Manganese	mg	0.070	0.0090
Fluoride	mg	0.050	0.0065
Selenium	µg	19	2.5
Iodine	µg	100	13

Choline	mg	160	21
Taurine	mg	36	4.6
Carnitine	mg	7.0	0.90
Inositol	mg	30	3.9

*Calculated based on the following reconstitution ratio: Powder (g) 4.3; Water (mL) 30; Powder in 100 mL (g) 12.9

Ingredients

Pasteurised goat whole milk, lactose (from milk), vegetable oil blend (high oleic sunflower oil, canola oil, sunflower oil, antioxidants (sunflower lecithin, mixed tocopherols)), pasteurised goat milk powders, fish oil powder (source of docosahexaenoic acid), minerals (sodium citrate, calcium citrate, calcium phosphate, calcium hydroxide, potassium chloride, ferrous sulphate, zinc sulphate, copper sulphate, manganese sulphate, potassium iodide, sodium selenite), microbial oil powder (source of arachidonic acid), choline chloride, L-tyrosine, L-tryptophan, L-cystine, vitamins (dl-α-tocopheryl acetate, nicotinamide, cholecalciferol, retinyl acetate, calcium d-pantothenate, cyanocobalamin, phytonadione, thiamine hydrochloride, riboflavin, pyridoxine hydrochloride, folic acid, L-ascorbic acid, d-biotin), L-isoleucine, taurine, L-carnitine.

This product contains 38% goat milk on a dry matter basis.